

Sports, Recreation & Fitness

Summer 2023



NEW! Let's Go Birding: Beginning Bird Watching Hike

Birds are everywhere, and birding is for everyone! If you are curious about the birds around you, join us for a birding hike at Indian Cave State Park. Class will begin with a short lesson in birding basics, then we will hit the trails. Your guide will share tips for identification using sight, sound and the latest in smartphone birding technology.

Class will meet at Indian Cave State Park, Shubert, Nebraska. Directions will be emailed a week prior to class. Please dress for the weather and wear appropriate shoes for hiking. Binoculars are recommended. Park fees \$6 resident/\$8 non-resident are payable at park entrance.

Keyword: Birding

Sept. 9	S	10:30 a.m.-Noon	\$29
Shubert, ICSP	Hughes	AREA-8426-FCFA	

Let's Do Lunch: Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard.



Keyword: Bird

Aug. 2	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	

Let's Do Lunch: Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds.



Keyword: Bird

Aug. 16	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	

Location Key

Falls City, FCLC..... Learning Center at Falls City, 3200 Bill Schock Blvd.
Falls City, SLPK.....Stanton Lake Park, 522 W. 25th
Shubert, ICSP Indian Creek State Park, 65299 720 Road



Walk for a Healthier You

Ready to reap the benefits of walking? Walking can increase energy levels; strengthen bones and muscles; improve mood, memory and sleep; and reduce stress.

Class will include warm up and cool down. Dress in loose, comfortable clothing and appropriate shoes. You will meet at the Learning Center and walk the CMC Nature Trail.

Keyword: Walk

Sept. 11-Oct. 16	M	5:15-6 p.m.	\$25
Falls City, FCLC, 102		AREA-8492-FCFA	



NEW! Get Hooked on Fishing

Ages 7-18

Enjoy time at the lake while you learn the essentials of fishing. You will explore basic fishing equipment, how to tie and bait a hook and how to cast. Then try your hand at fishing.

You are encouraged to bring your own fishing equipment, however, there will be fishing equipment available if needed. Dress for the weather. Class will be held at Stanton Lake Park.

Keyword: Fishing

July 31	M	6:30-8:30 p.m.	\$19
Falls City, SLPK	Kreifels	AREA-8427-FCUA	



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact **Lisa Hunzeker** at 800-828-0072, ext. 3396, or lhunzeker@southeast.edu

Check out all classes offered at southeast.edu/FallsCityLC
Find us on Facebook at facebook.com/SCCLearningCenteratFallsCity



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone		<input type="checkbox"/> Home <input type="checkbox"/> Business Phone	
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver	()
TOTAL DUE	

FOR OFFICE USE ONLY	
ID#	_____
DE	_____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. southeast.edu/diversity * The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.