

# Personal Interest

Winter 2025

## ANIMALS & PETS



### Backyard Chickens

Discover what you need to know to start your own backyard poultry flock. We'll discuss caring for your baby chicks and what to do as they grow older and start laying eggs. **Keyword: Chickens**



Feb. 6	Th	6-8 p.m.	\$19
LIVE Online, Zoom	Row	AREA-3971-HCSHA	

### Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. **Keyword: Bird**



Jan. 22	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6882-TCSFA	
Feb. 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6882-TCSFB	

### Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with bird watching. Discover equipment needed, locations and tips for watching your favorite birds. **Keyword: Bird**



Feb. 26	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6886-TCSFA	
March 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6886-TCSFB	

## ARTS, CRAFTS & HOBBIES

### Stitched Fabric Journal

Make your own fabric-covered book to use for a journal, recipe book, photo book, planner and more. We will cut, weave and layer fabrics and materials to create a one-of-a-kind cover.



Supply list will be emailed one week prior to class. **Keyword: Journal**

Jan. 27	M	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-9027-TCSFA	

### NEW! 3-D Valentines

Create Valentine-themed cards and tags using paper clay, paper and paint.



A supply list will be emailed prior to class. **Keyword: Valentines**

Feb. 8	S	2-4 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-2251-TCSFA	

### Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more. **Keyword: Shutterfly**



Feb. 11	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Kreifels	AREA-3105-TCSFA	
Feb. 18	T	6:30-8 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCSYA	

### Pictures Galore, Organizing & More!

We will offer you strategies for tackling the overwhelming task of creating a system to safely store and organize your precious memories. **Keyword: Pictures**



Jan. 29	W	5:30-7 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCSA	

### Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others.



**Keyword: Gratitude**

March 5	W	5:30-7 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCSA	

### Exploring the World of Gel Printing

Gel printing is a monoprinting technique using a gel printing plate to create cards, journals and jewelry projects. You will create your own gel print as well as see how to do monoprinting without a gel plate. **Keyword: Gel**



Feb. 1	S	10 a.m.-Noon	\$29
LIVE Online, Zoom	Wolcott	AREA-2187-TCSFA	

\* A supply list will be emailed prior to class.

### NEW! Oil Pastel Still Life

Create a beautiful work of art using oil pastels. We will work together to complete a still life art piece full of layers, color and textures.



A supply list will be emailed prior to class. **Keyword: Life**

Jan. 20	M	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-7726-TCSFA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.



### Fabric Art Collage

Create a textile wall decor project for your home. You will collage with fabric using sewing and embroidery in a unique whimsical style. This is a great way to dig into that fabric stash you have been saving! **Keyword: Fabric**



Feb. 3	M	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-2614-TCSPA	

### NEW! Botanical Collages

Create a floral collage painting on canvas using traditional collage techniques while adding botanical materials to add depth and interest.



For the in-person class, there is a \$10 cash supply fee payable in class. For those attending the Zoom session, a supply list will be emailed so you can gather your own supplies. **Keyword: Collages**

March 8	S	10 a.m.-Noon	\$35
LIVE Online, Zoom	Wolcott	AREA-7727-TCSPA	

### NEW! Acrylic Painting: Winter Scene

Create a magical winter scene with acrylic paints. Choose the size of the canvas that you would like along with a color palette that suits your style. We will learn some fun techniques along the way!



A supply list will be emailed prior to class. **Keyword: Painting**

Jan. 13	M	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-7724-TCSPA	

### Alcohol Ink Botanical Painting

Discover how much fun it is to work with alcohol inks. Vibrant colors will rain down on your botanical painting. Your work of art will be ready for framing.



A supply list will be emailed prior to class. **Keyword: Painting**

March 10	M	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Wolcott	AREA-7713-TCSPA	

### NEW! Watercolor Batiks

Discover the beauty of watercolor batiks. Watercolor Batik is the process of using watercolor, rice paper, and wax to create a rich layered translucent work of art.



A supply list will be emailed prior to class. **Keyword: Watercolor**

Jan. 18	S	10 a.m.-1 p.m.	\$39
LIVE Online, Zoom	Wolcott	AREA-7725-TCSPA	

### Watercolor Painting: Florals

Enjoy the beauty of watercolor. Beginners are welcome. Let the season show itself in its many colors.



A supply list will be emailed one week prior to class. **Keyword: Watercolor**

Feb. 24	M	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-7707-TCSPA	

### NEW! Sweater Mittens

Learn how to up-cycle, design, cut, and create a beautiful pair of the warmest mittens.



This can be created with or without a sewing machine. A supply list will be emailed so you can gather your own supplies. **Keyword: Mittens**

Jan. 11	S	2-4 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-2250-TCSPA	

## CULINARY

### Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

This course is delivered entirely online and facilitated by SCC faculty. You will receive your assignments online through Canvas. Upon completion of each reading assignment, you will complete an online quiz. A minimum of 80% is required on each quiz for you to qualify to take the final exam (ServSafe exam). The ServSafe exam is administered online at SCC locations in Lincoln, Beatrice, Falls City, Nebraska City, and York.

You will need a computer (PC or laptop) with high-speed internet access (smartphones and tablets do not work) as well as working knowledge of computer and internet experience. The course textbook is available at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com). Make sure to purchase the accompanying online exam access code. Please note, that it may take up to 24 hours to gain access to the course once you're registered.

Class will be active now through Dec. 20 and all coursework needs to be completed by then. This course will reopen Jan. 5.

**Keyword: Protection**

Online	Oerman	\$65	FSDT-3000-WBFA
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### Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the Certified Dietary Manager Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards, and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

**Contact Vicki Rethmeier at 402-437-2528 or [vrethmeier@southeast.edu](mailto:vrethmeier@southeast.edu) for registration details.** Cost is \$99 per person. You will have from Aug. 19 to Dec. 20 to complete your course.



**Welcome to Medicare**

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. To avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit [doi.nebraska.gov/ship](http://doi.nebraska.gov/ship) to register.** Call 402-471-2841 with questions. Registration deadline is one week before class date.

**Webinar presentations are available on:**

Jan. 22	W	6-8 p.m.
March 18	T	6-8 p.m.

**Navigating Medicare.gov**

Medicare drug plans are confusing, and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. **Visit [doi.nebraska.gov/ship](http://doi.nebraska.gov/ship) to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

**Webinar presentations are available on:**

Jan. 29	W	6-8 p.m.
March 25	T	6-8 p.m.

**Co-Parenting: Working Together for Your Children**

We offer Level 1 and Level 2 classes that meet the requirements for the Nebraska Parenting Act.

Please contact us at [continuinged@southeast.edu](mailto:continuinged@southeast.edu) or 402-437-2700 for additional information, including dates and times.

For more information, contact us at 402-437-2700 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)



**Successful Seed Starting**

This is definitely a fun, winter gardening idea because you never have to go outside if you don't want to! We will explore different ways to start seeds inside, from "dirt" cheap to downright professional. This is even a fun project to start with children and grandchildren. **Keyword: Seed**



Feb. 27	Th	1-3 p.m.	\$25
LIVE Online, Zoom	Row	AREA-0764-TCSHA	

**Seed Starting 101**

Explore the seed starting process for a kitchen garden. We will look at seed starting procedures, techniques, starting schedules, and recommended materials. **Keyword: Seed**



March 1	S	10 a.m.-12:30 p.m.	\$25
LIVE Online, Zoom	Wolcott	AREA-6124-TCSPA	

**Backyard Chickens**

Discover what you need to know to start your own backyard poultry flock. We'll discuss caring for your baby chicks and what to do as they grow older and start laying eggs. **Keyword: Chickens**



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LIVE Online, Zoom	Row	AREA-3971-HCSHA	

**Backyard Bird Feeding**

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. **Keyword: Bird**



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LIVE Online, Zoom	Andrew	AREA-6882-TCSFA	
Feb. 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6882-TCSFB	

**Bird Watching for Beginners**

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with bird watching. Discover equipment needed, locations and tips for watching your favorite birds. **Keyword: Bird**



Feb. 26	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6886-TCSFA	
March 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6886-TCSFB	

**House Plant Propagation**

Propagating and sharing houseplants is enjoyable and fun. Discover the easiest plants to raise along with tips and tricks to keep them happy! **Keyword: Plant**



Feb. 23	U	2-4 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-6089-TCSFA	

Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNebraska](https://facebook.com/SCCNebraska)

## LANGUAGES

### Beginning German

Hallo und willkommen! Beginning German is an introduction to the German language, culture and people. Classes are interactive with the goal of communication. **Keyword: German**

Jan. 16-Feb. 13	T	6-8 p.m.	\$80
LIVE Online, Zoom	Hanley	AREA-6630-TCSNA	



### I Don't Need a Will, I'm Only 30

Why would I have one of those? That is something that only old people do. Life is crazy, and time goes so fast. Understand the importance of having a will, and yes, starting early. The class will cover topics including financial power of attorney, health care power of attorney and living wills. When it comes to guarding your assets and ensuring that your loved ones are taken care of, it is never too early. **Keyword: Will**

Feb. 18	T	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Rauert	AREA-5044-TCSYA	



## MIND & BODY

### Fit for Living

Energize with others while you enhance your stretching, cardio and core muscles. Strength and flexibility are key.

Bring a towel and tennis shoes. **Keyword: Fit**

Jan. 20-Feb. 17	M	5:30-6:15 p.m.	\$29
LIVE Online, Zoom	Meyer	AREA-8593-TCSFA	



## MONEY MATTERS



### Understanding Credit Scores & Reports

Your credit score is important and can be confusing. Let's unravel the mystery and discover how your credit score is calculated, how to improve your score and why you should review your credit report on a regular basis. **Keyword: Credit**

Feb. 20	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6887-TCSFA	
March 19	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6887-TCSFB	



### Snowball Debt Reduction vs. Avalanche Debt Reduction

Paying off debt can be overwhelming. We will look at two different debt-reduction strategies, each with pros and cons. Join us for this informative session. **Keyword: Debt**

Feb. 5	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6881-TCSFA	
March 27	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6881-TCSFB	



### The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. **Keyword: Power**

Feb. 25	T	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Rauert	AREA-5057-TCSYA	



### Social Security 101: Understanding This Retirement Benefit

Understanding Social Security is critical to your long-term financial well-being and retirement. This is an overview of Social Security and how it works, including eligibility and Primary Insurance Amount, filing options, the importance of timing (delayed retirement credits), and spousal benefits. Discover the implications of working after a person begins collecting benefits, and how that affects your decision-making. **Keyword: Security**

Feb. 20	Th	6-9 p.m.	\$29
LIVE Online, Zoom	Rauert	AREA-7035-TCSYA	



### Power of the Purse: Smart Women, Smart Money

Although a recent Bank of America study showed that 94% of all women think they will be solely responsible for their finances at some point, most don't feel ready. YOU can be financially independent. Explore the unique challenges and how to prepare for them.

Although this course is intended for women, any person can register and attend. **Keyword: Power**

Feb. 27	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom	Rauert	AREA-7025-TCYSA	



For more information, contact us at 402-437-2700 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCneb](https://facebook.com/SCCneb)

## Starting a Small Business

Do you have an idea for a small business but aren't sure where to start? Visit with an expert and learn a few tips and tricks.



**Keyword: Business**

Jan. 29	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6883-TCSFA	
March 6	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6883-TCSFB	

## Welcome to Medicare

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. To avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit [doi.nebraska.gov/ship](http://doi.nebraska.gov/ship) to register.** Call 402-471-2841 with questions. Registration deadline is one week before class date.

**Webinar presentations are available on:**

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March 18	T	6-8 p.m.

## Navigating Medicare.gov

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## PHOTOGRAPHY

### Pictures Galore, Organizing & More!

We will offer you strategies for tackling the overwhelming task of creating a system to safely store and organize your precious memories. **Keyword: Pictures**



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LIVE Online, Zoom	Van Winkle	LLLX-0289-TCSCA	

### Shutterfly

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LIVE Online, Zoom	Kreifels	AREA-3105-TCSFA	
Feb. 18	T	6:30-8 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCSYA	

For more information, contact us at 402-437-2700 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

## SMALL-BUSINESS DEVELOPMENT

### Starting a Small Business

Do you have an idea for a small business but aren't sure where to start? Visit with an expert and learn a few tips and tricks.



**Keyword: Business**

Jan. 29	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6883-TCSFA	
March 6	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6883-TCSFB	

### Digital Marketing

The Digital Marketing program is designed to help you in marketing to create a portfolio and begin an entry-level position in the digital marketing field. The curriculum is a project-based course that blends marketing theory, critical-thinking skills, and practical experience to prepare students for an entry-level position in a growth industry. You will become proficient in advertising platforms such as Facebook®, Google, Instagram, Twitter, and LinkedIn.



(1.6 CEUs) **Keyword: Digital**

Jan. 30-May 22	Th	7-8:30 p.m.	\$4,500
LIVE Online, Zoom	Promineo	BSAD-7756-TCSCA	
Feb. 25-June 16	T	7-8:30 p.m.	\$4,500
LIVE Online, Zoom	Promineo	BSAD-7756-TCSCB	
March 27-June 17	Th	7-8:30 p.m.	\$4,500
LIVE Online, Zoom	Promineo	BSAD-7756-TCSCC	

## SPECIAL INTEREST



### Happiness is Traveling

Learn pro travel tips and tricks to prepare for your next adventure! **Keyword: Traveling**



Jan. 14	T	6-7 p.m.	\$10
LIVE Online, Zoom		AREA-6888-TCSFA	
Jan. 16	Th	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6888-TCSFB	

### Pack Your Bags

Discover pro tips to organize your suitcase more efficiently for travel. **Keyword: Bags**



Feb. 4	T	6-7 p.m.	\$10
LIVE Online, Zoom		AREA-6656-TCSFA	
Feb. 6	Th	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6656-TCSFB	

Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNeB](https://facebook.com/SCCNeB)

## Creative Writing

Find your voice as a writer by exploring different writing styles, learning the building blocks of visual storytelling and drawing inspiration from the world around you. Discover methods for overcoming writer's block and ways to bring out your inner creativity through weekly writing assignments and group discussions.



### Keyword: Writing

Jan. 29-Feb. 12	W	6-7:30 p.m.	\$45
LIVE Online, Zoom	Ord	AREA-9050-TCSWA	



## The Art of Communication

Communication is an important set of skills which impacts our personal and professional life. With texts, emails and Facebook® taking over our social lives, some might find it difficult to engage in normal conversation because of lack of face-to-face interactions. You will discover different communication styles, techniques, non-verbal signals, and responses to build and strengthen your communication skills. **Keyword: Communication**



March 12-26	W	6-8 p.m.	\$59
LIVE Online, Zoom	Ord	AREA-6835-TCSWA	

## Finding Your Inspiration

Continue and expand your creative writing journey as you discover inspiration as a writer from the world around you. Our focus for this session will be on finding inspiration to help you express your creativity through the written word. **Keyword: Inspiration**



Feb. 26	W	6-8 p.m.	\$29
LIVE Online, Zoom	Ord	AREA-9014-TCSWA	

## Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others.



### Keyword: Gratitude

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LIVE Online, Zoom	Van Winkle	LLLX-1127-TCSCA	

## SPORTS, RECREATION & FITNESS

### Fit for Living

Energize with others while you enhance your stretching, cardio and core muscles. Strength and flexibility are key.



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LIVE Online, Zoom	Andrew	AREA-6886-TCSFB	



[ed2go.com/scnc](https://ed2go.com/scnc)

### BROWSE COURSES IN

**Accounting and Finance**  
**Business**  
**College Readiness**  
**Computer Applications**  
**Design and Composition**  
**Health Care and Medical**

**Language and Arts**  
**Law and Legal**  
**Personal Development**  
**Teaching and Education**  
**Technology**  
**Writing and Publishing**



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.

For more information, contact us at 402-437-2700 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

Check out all classes offered at [southeast.edu/continuing](https://southeast.edu/continuing)  
 Find us on Facebook® at [facebook.com/SCCneb](https://facebook.com/SCCneb)

# Traffic Safety & Licensing

Winter 2025

## DRIVER EDUCATION & SAFETY



### Driver Education

Registration for this course begins Nov. 4.

**Prerequisites:** Student must have a school or learner permit before registering for any upcoming Driver Education course. Students must complete both the lecture and drive labs to be eligible for documentation for the provisional operator's permit (POP) and/or insurance requirements. Our program serves students under 18 years of age.

Instruction consists of face-to-face or online lecture and behind-the-wheel training (lab) that meets separately.

Participation in an orientation is required before each class. A Zoom link will be sent to the student's email one week before the orientation.

#### Required Orientations via Zoom:

⌘ Thurs., Dec. 12   ⌘ Thurs., Feb. 13   ▶ Thurs., Feb. 27

📖 (2.6 CEUs) Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com).

NOTE: Attendance is critical to the student's success. Each class and lab must be attended as scheduled. Driver Education course requires a minimum of one-week advance notice prior to the start date to receive a full refund or to transfer. **Keyword: Driver**

#### Lincoln SCC

Registration for this course begins Nov. 4.

(All lectures have an online option.)

Jan. 7-Feb. 15 Lincoln, LNK, S-1	T, Th	6:30-8:30 p.m. TRAN-3398-LNSA	⌘	\$389
Feb. 24-April 5 Lincoln, LNK, S-1	M, W	6:30-8:30 p.m. TRAN-3398-LNSE	⌘	\$389
March 10-15 Lincoln, LNK	Online Lecture Only	TRAN-3398-LNSJ	▶	\$389

#### Lincoln East High School

Registration for this course begins Nov. 4.

(All lectures have an online option.)

Jan. 7-Feb. 15 Lincoln, EHS, 121	T, Th	3:30-5:30 p.m. TRAN-3398-OCSC	⌘	\$389
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#### Lincoln High School

Registration for this course begins Nov. 4.

Feb. 24-April 5 Lincoln, LHS	Online Lecture Only	TRAN-3398-OCSC	⌘	\$389
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#### Lincoln North Star High School

Registration for this course begins Nov. 4.

Jan. 7-Feb. 15 Lincoln, LNS	Online Lecture Only	TRAN-3398-OCSD	⌘	\$389
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#### Lincoln Northeast High School

Registration for this course begins Nov. 4.

(All lectures have an online option.)

Feb. 24-April 5 Lincoln, LNE	M, W	3:30-5:30 p.m. TRAN-3398-OCSC	⌘	\$389
March 10-15 Lincoln, LNE	Online Lecture Only	TRAN-3398-OCSN	▶	\$389

#### Lincoln Southeast High School

Registration for this course begins Nov. 4.

Feb. 24-April 5 Lincoln, LSE	Online Lecture Only	TRAN-3398-OCSH	⌘	\$389
March 10-15 Lincoln, LSE	Online Lecture Only	TRAN-3398-OCSM	▶	\$389

#### Lincoln Southwest High School

Registration for this course begins Nov. 4.

Jan. 7-Feb. 15 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCSB	⌘	\$389
Feb. 24-April 5 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCSF	⌘	\$389
March 10-15 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCSK	▶	\$389

#### Drive Lab Schedule

Not all days and drive times are available at every location.

**Sections beginning Jan. 7 and Feb. 24:** Lecture will meet twice each week or online for five weeks. The two-hour drive lab meets once a week for six weeks. Drive labs are offered Monday through Friday, with a starting time of 3:30 or 5:45 p.m. (SCC drive time of 4 p.m. or 6:15 p.m.), or on Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of the face-to-face lecture.

**Sections beginning March 10:** Lecture is one week long online only. Drive lab meets for two hours every day Monday through Saturday for the same week as the lecture. Starting times offered are: 7:15 a.m., 9:30 a.m., or 12 p.m.

### Driver Education Instructor Training

**Prerequisites:** Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in the state of residence for two consecutive years and clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. The instructor candidate must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any alcohol- or drug-related offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. The focus is on fundamental driver education, curriculum development and presentation skills. The class is geared toward those individuals who want to teach outside the K-12 system.

📖 (6.0 CEUs) Required book is available at AAA at <https://drivertraining.aaa.biz/products/how-to-drive-instructor-kit>.

**Keyword: Instructor**

Jan. 27-March 8 Lincoln, LNK	Online Leedom	TRAN-3393-HBSCA	\$529
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### Smart Drivers!

This is a state-approved four-hour comprehensive course applying fundamental traffic laws and increasing driver awareness.

(0.4 CEUs) This class is approved by the Nebraska Department of Motor Vehicles and can be applied toward: under-age 21, six-point accumulation, reinstatement of point revocation, and two-point credit to driving record.

For information about this course, visit [southeast.edu/cesmartdrivers](http://southeast.edu/cesmartdrivers).

### Four-Hour STOP Class

Diversion for minor traffic violations in Seward, Thayer and York counties.

For information on how to register, contact us at [STOP@southeast.edu](mailto:STOP@southeast.edu).

# Health

Winter 2025

## CPR & FIRST AID

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.



Our CPR courses are offered in Face-to-Face (**F2F**) and Hybrid (**HB**) formats for learning flexibility.

For Hybrid courses

- When registering, include your email address.
- Approximately one week prior to your skills session class, you will receive an email with the AHA access key to complete the online learning.
- Once you've completed the online portion, print the Online Course Completion Certificate. You must have this certificate with you for admission into the face-to-face skills session.

NOTE: You are required to attend the entire class you have enrolled in to receive a card. If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before the first day of class to drop or change any CPR or First Aid class.

### HB | Heartsaver® CPR AED Online + Skills Session (Community)

This class meets the CPR AED requirements for day cares.

**Keyword: CPR**

Jan. 8 Lincoln, CEC, 109B	W Registration Deadline: Jan. 6	6-6:45 p.m.	\$59 HLTH-3501-HBSCA
March 12 Lincoln, CEC, 109B	W Registration Deadline: March 10	6-6:45 p.m.	\$59 HLTH-3501-HBSCB
March 18 Plattsmouth, PLLC, 104 Buchholz	T Registration Deadline: March 16	5:30-6:15 p.m.	\$59 HLTH-3501-HBSPA

### HB | CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)

This course is for health care providers such as nurses, EMTs, or doctors, as well as lifeguards. **Keyword: CPR**

Jan. 14 Lincoln, CEC, 109B	T Registration Deadline: Jan. 12	1-2:30 p.m.	\$65.50 HLTH-3253-HBSCA
Jan. 18 Lincoln, CEC, 109B	S Registration Deadline: Jan. 16	9-10:30 a.m.	\$65.50 HLTH-3253-HBSCB
Jan. 21 Lincoln, CEC, 109B	T Registration Deadline: Jan. 19	6-7:30 p.m.	\$65.50 HLTH-3253-HBSCC
Feb. 4 Lincoln, CEC, 109B	T Registration Deadline: Feb. 2	6-7:30 p.m.	\$65.50 HLTH-3253-HBSCD
Feb. 15 Lincoln, CEC, TBA	S Registration Deadline: Feb. 13	9-10:30 a.m.	\$65.50 HLTH-3253-HBSC E
Feb. 20 Lincoln, CEC, 109B	Th Registration Deadline: Feb. 18	6-7:30 p.m.	\$65.50 HLTH-3253-HBSCF
March 5 Lincoln, CEC, 109B	W Registration Deadline: March 3	1-2:30 p.m.	\$65.50 HLTH-3253-HBSCG
March 18 Lincoln, CEC, 109B	T Registration Deadline: March 16	6-7:30 p.m.	\$65.50 HLTH-3253-HBSC H

#### Plattsmouth

March 18 Plattsmouth, PLLC, 104 Buchholz	T Registration Deadline: March 16	5:30-7 p.m.	\$65.50 HLTH-3253-HBSPA
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### HB | Heartsaver® First Aid Online + Skills Session

This class meets the First Aid requirements for day cares.

**Keyword: Aid**

Jan. 8 Lincoln, CEC, 109B	W Registration Deadline: Jan. 6	7-7:45 p.m.	\$59 HLTH-3506-HBSCA
March 12 Lincoln, CEC, 109B	W Registration Deadline: March 10	7-7:45 p.m.	\$59 HLTH-3506-HBSCB
March 18 Plattsmouth, PLLC, 104 Buchholz	T Registration Deadline: March 16	6:15-7 p.m.	\$59 HLTH-3506-HBSPA

### ACLS Online + Skills

AHA's ACLS course. HeartCode blended learning delivers quality resuscitation education regardless of where providers are located and gives them more control to complete the course at their own pace.

For more information, contact us at [continuing@southeast.edu](mailto:continuing@southeast.edu) or 402-437-2700.

## CareerStep

### Medical Billing and Coding

Designed by experts, our online Medical Coding and Billing Professional Program is aligned with the career-focused skills that can help you become a successful medical billing and coding professional. Your program also prepares you to sit for the American Academy for Professional Coder's (AAPC) Certified Professional Coder (CPC) exam, which can help you stand out to employers!



### Medical Scribe

This program provides a comprehensive overview of the skills you need to be

a successful medical scribe. We'll discuss basic medical procedures and walk you through standard administrative duties and documentation processes.

For full details  
and to register



For full details  
and to register



For more information, contact us at  
402-437-2700 or  
[continuing@southeast.edu](mailto:continuing@southeast.edu)

Check out all classes offered at  
[southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at  
[facebook.com/SCCneb](https://facebook.com/SCCneb)



# Technology

Fall 2024

## INTERNET



### Digital Marketing

The Digital Marketing program is designed to help you in marketing to create a portfolio and begin an entry-level position in the digital marketing field. The curriculum is a project-based course that blends marketing theory, critical-thinking skills, and practical experience to prepare students for an entry-level position in a growth industry. You will become proficient in advertising platforms such as Facebook®, Google, Instagram, Twitter, and LinkedIn.



(16.0 CEUs) **Keyword: Digital**

Jan. 30-May 22 LIVE Online, Zoom	Th Promineo	7-8:30 p.m. BSAD-7756-TCSCA	\$4,500
Feb. 25-June 16 LIVE Online, Zoom	T Promineo	7-8:30 p.m. BSAD-7756-TCSCB	\$4,500
March 27-June 17 LIVE Online, Zoom	Th Promineo	7-8:30 p.m. BSAD-7756-TCSCC	\$4,500

## SMART DEVICES



### Smartphone Basics: iPhone

We will teach you about icons, apps and other features on your iPhone.

Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone, come anyway.

**Keyword: Smartphone**

Jan. 28 LIVE Online, Zoom	T	5:30-8 p.m. AREA-1393-TCSCA	\$29
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For more information, contact us at  
402-437-2700 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)

### Smartphone Basics: Android

We will teach you about icons, apps and other features on your Android.

Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone, come anyway.

**Keyword: Smartphone**

Jan. 30 LIVE Online, Zoom	Th Steinhauser	5:30-8 p.m. AREA-1394-TCSCA	\$29
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### Smartphone Next Level

Suggested Prerequisite: Smartphone Basics

This Next Level class starts where the Smartphone Basics class left off. Bring your questions and we will dig deeper into topics like managing your phone, how to reset it using apps and continual learning about calling and texting. Don't have a smartphone? Come anyway.

Have your phone fully charged with access to your Gmail (Android) or Apple ID (iPhone). **Keyword: Smartphone**

#### For iPhone

Feb. 24 LIVE Online, Zoom	M Steinhauser	5:30-8 p.m. AREA-1396-TCSCA	\$29
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#### For Android

Feb. 26 LIVE Online, Zoom	W Steinhauser	5:30-8 p.m. AREA-1396-TCSCB	\$29
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We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are six weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

[ed2go.com/sccne](https://ed2go.com/sccne)

#### BROWSE COURSES IN

- Accounting and Finance
- Business
- College Readiness
- Computer Applications
- Design and Composition
- Health Care and Medical
- Language and Arts
- Law and Legal
- Personal Development
- Teaching and Education
- Technology
- Writing and Publishing

Check out all classes offered at  
[southeast.edu/continuing](https://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNeB](https://facebook.com/SCCNeB)

**Cancellation/Refund Policy:** You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

# REGISTER ONLINE AT [SOUTHEAST.EDU/CONTINUING](http://SOUTHEAST.EDU/CONTINUING)

1. Click the **Course Search** button.
2. Search for a course using the **course title** or **keyword**.
3. Click on the course title to view description, notes, prerequisites, requirements, and section listings.
4. Select the section and click **Add to Cart**. *Add discount code in cart, if applicable.* You can keep shopping or checkout.
5. If you choose to checkout, **log in** or **create an account**.
6. Click **Continue** to proceed to checkout.
7. Enter your credit card information and continue checking out.

**Payments Accepted**



You will receive a confirmation email. If there is additional information about the class, it will be included. If you don't see the email, check your junk folder.

If you have problems getting registered, please call 402-437-2700 for assistance.

## OR REGISTER BY MAIL OR IN PERSON



### Registration Form - Non-Credit Course

Today's Date

\_\_\_/\_\_\_/\_\_\_

**Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703**

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [southeast.edu/collegecatalog](http://southeast.edu/collegecatalog) for additional information.

\* Required

**PLEASE PRINT**

Social Security Number OR SCC Student ID Number		* Birth Date	Name: * Last		* First	Middle Initial
* Residence Mailing Address			* City	* State	* Zip	County #
* Email Address			* <input type="checkbox"/> Cell Phone <input type="checkbox"/> Home		Business Phone	
Sex Assigned at Birth: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$

#### SIGNATURE

Check (must be included) (Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

V Code \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_

Exp. Date \_\_\_\_\_ CC # \_\_\_\_\_

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?  
 Yes  No

Submission of this form indicates that I understand:  
1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex\*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. [southeast.edu/diversity](http://southeast.edu/diversity) \* The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.

SCC Staff Tuition Waiver ( )

**TOTAL DUE**

#### FOR OFFICE USE ONLY

ID# \_\_\_\_\_

DE \_\_\_\_\_