

# CPR/Basic Life Support/AED/First Aid Calendar July-December 2024



The American Heart Association strongly promotes knowledge and proficiency in all AHA courses.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and that the class meets the requirements from your employer, licensing agency, or school. Students will receive the CPR/First Aid card within 10 business days of successful course completion.

Students are required to attend the entire class to receive a card. If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before class to drop

## CPR HeartCode® Basic Life Support (for Health Care Professionals)

***This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.***

Sign up for this CPR BLS training and learn all that you need to know in performing CPR and using an AED and responding to foreign-body airway obstruction.

(0.45 CEUs) Course cost does not include BLS Provider Manual. You may purchase the manual through the AHA website or the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com).

**\$63 • Course Number: HLTH-3251**

**Online Registration Keyword: CPR**

## Online Skills Only

Once you have purchased and completed your AHA online course (CPR BLS for Healthcare Provider, AED or First Aid), schedule a skills session within 30 days to complete and receive your card.

The certificate must be current as of one year since the written portion was completed.

**\$25 • Course Number: HLTH-3499**

**Online Registration Keyword: Skills**

## Heartsaver® First Aid

***This class meets the First Aid requirements for day cares.***

If you respond to first aid emergencies in the workplace, this class is perfect for you. Learn how to manage illness and injuries in the first few minutes until medical professionals arrive.

**\$59 • Course Number: HLTH-3505**

**Online Registration Keyword: Aid**

## CPR AED

***This class meets day care CPR AED requirements.***

Have you always wanted to know how to perform CPR and use an AED in an emergency situation? This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants until professional help arrives.

**\$59 • Course Number: HLTH-3500**

**Online Registration Keyword: AED**

For all **Online + Skills Session** classes, you will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ Email address required.
- ♥ For admission into the Skills Session, you must have your Online Course Completion Certificate with you.
- ♥ You will only need to meet in person once for the Skills Session after you have completed the online portion of class.

## CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)

***This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.***

Need your professional certification in AHA CPR Basic Life Support and want a more convenient way of getting it? This online class is for you!

**\$65.50 • Course Number: HLTH-3253**

**Online Registration Keyword: CPR**

## Heartsaver® CPR AED Online + Skills Session (Community)

***This class meets the CPR AED requirements for day cares.***

Offered now in a convenient online format, receive your professional CPR AED certification easily within your own time schedule and in the comfort of your home.

**\$59 • Course Number: HLTH-3501**

**Online Registration Keyword: AED**

## Heartsaver® First Aid Online + Skills Session

***This class meets the First Aid requirements for day cares.***

This AHA Heartsaver® First Aid course is offered in a convenient online format that you can take in the comfort of your home.

**\$59 • Course Number: HLTH-3506**

**Online Registration Keyword: Aid**

\* All classes are held in Lincoln unless noted.

## Locations

FALLS CITY .....Learning Center at Falls City,  
3200 Bill Schock Blvd.

LINCOLN.....Jack J. Huck Continuing  
Education Center, 301 S. 68th St. Place

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
7	8	9 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	10 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	11	12	13
14	15	16 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 6-7:30 p.m., LINCOLN, HLTH-3499	17	18 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	19	20 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
21	22	23 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	24	25 Heartsaver® CPR AED (Community) 6-9 p.m., FALLS CITY, HLTH-3500	26	27 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
28	29	30 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	31			

# August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 9-10:30 a.m., LINCOLN, HLTH-3253 <b>Online Skills Only</b> 9-10:30 a.m., LINCOLN, HLTH-3499
4	5	6 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	7 <b>Heartsaver® CPR AED (Community)</b> 6-9 p.m., LINCOLN, HLTH-3500	8	9	10 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
11	12	13	14 <b>Heartsaver® First Aid</b> 6-9 p.m., LINCOLN, HLTH-3505	15 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 1-2:30 p.m., LINCOLN, HLTH-3253	16	17
18	19	20 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	21	22	23	24 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
25	26	27 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	28	29 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	30	31

# September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 1-2:30 p.m., LINCOLN, HLTH-3253 <b>Online Skills Only</b> 1-2:30 p.m., LINCOLN, HLTH-3499	4	5	6	7 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
8	9	10 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	11	12 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	13	14
15	16	17 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	18 <b>Heartsaver® CPR AED Online + Skills Session (Community)</b> 6-6:45 p.m., LINCOLN, HLTH-3501 <b>Heartsaver® First Aid Online + Skills Session</b> 7-7:45 p.m., LINCOLN, HLTH-3506	19	20	21 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
22	23	24 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	25	26 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 6-7:30 p.m., LINCOLN, HLTH-3253 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., FALLS CITY, HLTH-3251	27	28
29	30					

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251</p>			<p><b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 9-10:30 a.m., LINCOLN, HLTH-3253</p>
6	7	8	9	10	11	12
		<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251</p>				<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251</p>
13	14	15	16	17	18	19
		<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251</p>	<p><b>Heartsaver® CPR AED (Community)</b> 6-9 p.m., LINCOLN, HLTH-3500</p>			<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251</p>
20	21	22	23	24	25	26
			<p><b>Heartsaver® First Aid</b> 6-9 p.m., LINCOLN, HLTH-3505</p>	<p><b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251</p>		
27	28	29	30	31		
		<p><b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 6-7:30 p.m., LINCOLN, HLTH-3253</p> <p><b>Online Skills Only</b> 6-7:30 p.m., LINCOLN, HLTH-3499</p>				

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
3	4	5 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	6	7	8	9 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253 Online Skills Only 9-10:30 a.m., LINCOLN, HLTH-3499
10	11	12 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	13 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	14	15	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
17	18 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251	19 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253	20	21 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	22	23
24	25	26 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	27	28	29	30

# December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 1-2:30 p.m., LINCOLN, HLTH-3253 <b>Online Skills Only</b> 6-7:30 p.m., LINCOLN, HLTH-3499	4	5 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	6	7 <b>Heartsaver® CPR AED (Community)</b> 9 a.m.-Noon, FALLS CITY, HLTH-3500 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
8	9	10 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	11 <b>Heartsaver® CPR AED (Community)</b> 6-9 p.m., LINCOLN, HLTH-3500	12 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	13	14 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
15	16 <b>CPR HeartCode® Basic Life Support (for Health Care Professionals)</b> 5:30-10 p.m., LINCOLN, HLTH-3251	17 <b>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)</b> 6-7:30 p.m., LINCOLN, HLTH-3253	18 <b>Heartsaver® First Aid</b> 6-9 p.m., LINCOLN, HLTH-3505	19	20	21
22	23	24	25	26	27	28
29	30	31				